



LEARNING
BY DOING



PHD PROGRAM

OF THE TRANSLATIONAL EDUCATION PROGRAMS

Join our high quality educational program to learn the methods of translational medicine.



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TMFoundationHQ



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TM-CENTRE.ORG

SEMMELWEIS UNIVERSITY
CENTRE FOR TRANSLATIONAL MEDICINE

PROGRAM SUMMARY

BASIC INFORMATION ABOUT THE PROGRAM

WHAT WE'RE OFFERING:

- Perform healthcare delivery science
- Understand the main modern clinical scientific methodologies
- Conduct independent research work
- Full career path, from basics to coordinator role
- PhD degree with high level scientific achievements

MAY
22

Deadline for
application

JUN
13-19

Interview
period

JUN
31

Acceptance by

AUG
19

Program fee
payment by

AUG
29

Start of the
program

DURATION OF THE PROGRAM

4 years

COURSE DIRECTOR

Péter Hegyi, MD, PhD, DSc, MAE

ORGANISERS

The **PHD PROGRAM** is organized jointly by the Centre for Translational Medicine, Semmelweis University and the Translational Medicine Foundation.

TUITION FEES

Program fee: **20000 €** / academic year

Application fee: **75 €** / person or **750 €** / group



FOR MORE INFORMATION,
PLEASE VISIT OUR WEBSITE



WHO WE ARE

ABOUT OUR INSTITUTE



SEMMELWEIS UNIVERSITY

Semmelweis University's history started more than 250 years ago in 1769. Today SU is one of the leading institutions of higher education in Hungary and the Central European Region in the field of medicine and health sciences. At SU, our core commitment is based on the integrity of education, research and medicine that makes the University an internationally recognised centre of excellence.

TRANSLATIONAL MEDICINE FOUNDATION

The Translational Medicine Foundation was established in 2016 to

- a)** promote the practical application of scientific results and innovations in health care
- b)** stimulate and unify the exchange of information and data flow between universities, hospitals and research centres, and to help their quality control, which can significantly improve the quality of multicenter research projects and reduce the amount of resources needed for research projects
- c)** help all members of the population (including healthy individuals, patients, doctors, etc.) to understand and implement evidence-based knowledge in everyday life through various platforms (web, printed materials, videos, etc.)
- d)** participate in the organization of conferences and trainings, in procuring research-related services and in providing financial aid in the search and selection of human resources





THE HISTORY

OF TRANSLATIONAL MEDICINE IN HUNGARY

The Translational Medicine (TM) “learning by doing” education model was launched in Hungary in 2016 under the leadership of Péter Hegyi, who is the course director of this uniquely developed **PHD PROGRAM**. In the past five years, almost 50 PhD students and residents have participated in our programs. In this period, more than 300 high quality publications have been published through scientific research and translational patient care initiated and supported by the Translational Medicine Foundation, the University of Pécs, the University of Szeged and the Semmelweis University (Nature Medicine). The results have made it possible to develop and supplement a number of treatment guidelines and to immediately apply scientific results in patient care. The results have made it possible to develop and supplement a number of treatment guidelines and to immediately apply scientific results in patient care.

Semmelweis University aims to rank among the best universities in the world and recognized the importance and the high potential in the translational medicine. Therefore, this programme was invited to function in a much bigger scale than before, now under the umbrella of Semmelweis University. As a result, the training at SU started with more than 90 students in 2021.

**FIND MORE INFORMATION ABOUT THE CENTRE
FOR TRANSLATIONAL MEDICINE HERE**



THE IMPORTANCE

OF TRANSLATIONAL MEDICINE

The major goal of TM is to turn scientific results for community benefits. Why is this necessary? It is very simple: we currently use scientific findings in everyday medicine with very poor efficiency. The European Statistical Office of the European Commission has recently reported that 1.7 million people under 75 years of age died in Europe in 2016, with around 1.2 million of those deaths being avoidable through effective primary prevention and public health intervention. Therefore, Academia Europaea, one of the five Pan-European networks that form SAPEA (Science Advice for Policy by European Academies), a key element of the European Commission's Scientific Advice Mechanism (SAM), has launched a project in 2018 to develop a model to facilitate and accelerate the utilisation of scientific knowledge for public and community benefit. During the process, leaders in the field, including prominent basic and clinical researchers, editors-in-chief of high-impact journals publishing translational research articles, TM centre leaders, media representatives, academics and university leaders, developed the TM cycle, a new model that we believe could significantly advance the development of TM. This model focuses equally on the acquisition of new scientific results healthcare, understandable and digestible summation of results, and their communication to all participants. The authors, including senior officers of Academia Europaea, produced an important paper to serve as a basis for revising thinking on TM with the end result of enabling more efficient and cost-effective healthcare.



YOU CAN FIND FURTHER INFORMATION
ON OUR YOUTUBE CHANEL AS WELL



PHD PROGRAM

WHAT WE OFFER

The **PHD PROGRAM** covers all aspects of the TM Cycle. The program helps students to become critical consumers of medical research papers, to gather primary data on health issues through questioning and observation, and to conduct biomedical research. Students will gain an understanding of the planning of clinical research, including systematic reviews, patient registries and clinical trials, by designing an extended project in study groups, which are led by experienced members of the TM Centre.



THE EXPERT PROGRAM FOCUSES ON THE MAIN MODERN HEALTHCARE DELIVERY SCIENTIFIC METHODOLOGIES OF TM:

- 1. Systematic reviews and meta-analysis** – we aim to introduce the essentials of meta-analyses, focusing on their role in the evidence-based medicine and the main steps leading to a meta-analysis. Questions will cover key topics, such as how to design systematic search strategies, how to read forest plots, and how to assess the validity of the findings. By attending the series of lectures, participants will learn how to read and understand reports from meta-analyses.
- 2. Patient registries** – in this part we aim to introduce patient registries with their role in science, focusing on practical questions. Topics will embrace the entire process from planning a registry to publication. The general built of a registry, the role of the patient registry coordinator and the contributors in the phase of registry development will be discussed. The course will include presentations on the IT background, details on how to develop an electronic case report form, data management, ethical approval, and other roles, such as biostatisticians and clinical research administrators.
- 3. Clinical trials** – this part of the school aims to overview the main features of experimental study designs and their role in science, focusing on practical questions. Topics will embrace the entire process from study planning to conclusions from result. Questions will cover key topics, such as the identification of study designs, the role of randomization, the effects of bias, and the judgement of cause-effect relationship

4. Biostatistics - aim of this lecture is to make the participants familiar with the basics of statistical methods used in the medical/biological sciences. Furthermore, to help the participants to interpret the results of statistical analysis more easily and to recognize possible biases in scientific literature. The lecture introduces the most commonly used statistical methods, thus the participants get acquainted with the most important elements of descriptive statistics, basic principles of hypothesis testing, parametric and non-parametric statistical methods and risks of decision errors. Furthermore, topics such as survival analysis, adaptation of questionnaires, sensitivity and specificity of diagnostic tests, and Receiver Operating Characteristic (ROC) Curve analysis will also be covered during the course.

CTM STAFF - INTERDISCIPLINARY RESEARCH SUPPORT

Our centre provides the help of an interdisciplinary research support team to support the work of researchers and Ph.D. students. Continuous support is provided in a weekly basis during the so called group meetings and project meetings. Additional support can be requested from the other members of the team.



CONTINUOUS SUPPORT IS OFFERED BY:

1. An **Expert Discussant** is appointed for each group. She/He is a highly experienced physician-scientist who provides help from the design of the study until the publication. She/He helps the students (1) to polish their projects, (2) to find the big picture and (3) challenges them week after week.
2. The **group leaders** are experienced physician-scientists who are well known representatives of the given field and have a record of high level research productivity.

3. The **supervisor** of each fellow is senior clinicians (expert) who raises relevant clinical questions, determines the direction of the research and bridges the gap between the theoretical and clinical work in the clinical PhD program. These tutors continuously lead the research work of the fellows during the whole program.

4. **Scientific methodology supervisors** (SMS) are a methodologist who has experience in designing and carrying out translational research projects and provides methodological support in various aspects of science including meta-analyses, patient registries, and clinical trials.

5. **Statisticians** are appointed to each group to provide valuable help for the statistical work of the project.

ADDITIONAL SUPPORT:

1. **Educational supervisors** are expert in the various fields taught through courses to the fellows. Such courses include meta-analysis, patient registry, clinical trial, biostatistics, data handling and clinical pharmacology. Statisticians are appointed to each group to provide valuable help for the statistical work of the project.

2. **IT team** continuously provides help in the development of the electronic case report forms. In addition, they will help with the testing of the electronic interface and ensures the coordination of maintenance.

3. **Ethical coordinator** helps with the process of ethical licensing, obtaining, preparing and submitting the documentation required for ethical approval to the relevant authorities. Consultation with the principal investigator during the process.

ADDITIONAL ACTIVITIES

Three clubs were founded to provide students the chance to relax after meetings. Sport, Art and Social clubs organise different activities based on different interests. The sport club organises weekly running, swimming and squash, while the art club offers programs, like concerts, exhibitions. Occasionally there are different themed social evenings organised by our social club.

OUTCOMES OF THE TRAINING

- Participants will be able to understand the concept of the healthcare delivery science as part of the translational medicine cycle
- At the end of the training, participants will learn the main points of setting up a patient registry, initiating a clinical trial, or conducting a comprehensive systematic review with meta-analysis.
- Critically appraise clinical research studies using a systematic approach.
- Define the basic knowledges and skills required in translational research.
- Grow the professional international network of translational researchers.
- PhD degree with high level scientific achievements
- In addition, participants will gain presentation skills, debating skills, language skills, and organizational skills.

SCHEDULE AND CLASSES

During the training period, there will be regular and periodical meetings. In addition, the training structure differs between the training years. The curriculum includes e-learning materials and on-site meetings, while the project discussions are held in-person meetings and using online platforms as well. The first year focuses on the project conceptualization and starting the projects necessary for the PhD. For this, in the first year, we focus on the main methodologies on a weekly basis. First, we organize group meetings for students with a similar field of interest, including their supervisor. Second, in the first part of the first-year regular courses are organized, generally with e-learning followed by a practical course week. The third part of the week is represented by the project meetings, where we focus on particular projects discussed with the project team. During the second and third years, these meetings will be organized on a monthly basis, mainly focusing on patient enrollment in prospective studies or finishing up the started projects. To ensure that everyone achieves the set milestones, regular audits are organized.

GROUP MEETINGS

The main structure of the program is represented by the group meetings. Student in the program are grouped according to their scientific fields. The 2021 year eight scientific groups were formed: dentistry; gynecology & urology; cardiology; intensive care, anesthesiology & neuropsychiatry; orthopedics & traumatology; pediatrics; gastroenterology & endocrinology; COVID-19 and miscellaneous.

Each group includes 7-14 students, their supervisor, and project students, on the other hand the centre allocates 1-2 SMSs, a statistician and an expert discussant to the group.

Each group has a meeting each week in a pre-specified day and hour for the year. In these meetings each fellow presents his/her progress during the previous week and the group jointly discusses the presentations and the progresses.

PROJECT MEETING

The individual projects are also weekly managed by small study groups which consist of at least the junior fellow and a senior fellow, the tutor, the biostatistician and, if necessary for the project, an expert specialist. The projects are essentially meta-analyses, patient registries, clinical trials, and basic research projects in which the research fellow is the principal investigator (i.e. first author).

Every student will start with a systematic review and meta-analysis in his/ her research field, which should represent the literature search and the basis of the other projects like clinical trials or prospective patient registries.

COURSES

Our research fellows receive scientific and methodological education which is very intensive in the first year in the frame of weekly courses. A list of the included courses are summarized in Table 1. Most of the courses consist of an e-learning part, followed by an on-site practical part. The courses are held by members of the centre or by invited high qualified lecturers.

Courses are organized three times per week, each day for a different set of groups. During the year we follow the same weekly schedule for the groups.

COURSES DURING THE FIRST YEAR OF THE PHD PROGRAM

DATE	COURSE/SEMINAR LECTURE
Week of September 5th	E-learning: systematic review and meta-analysis
September 12th	Practice: systematic review and meta-analysis
September 19th	E-learning: patient registries
September 26th	Practice: patient registries
October 3rd	E-learning: clinical trials
October 17th	E-learning: biostatistics
October 24th	Practice: biostatistics
October 31st	E-learning: clinical pharmacology
November 7th	Practice: clinical pharmacology
November 14th	E-learning: advanced trial
November 21st	Practice: advanced trial
December 5th	E-learning: Excel training
December 12th	Practice: Excel trainings
January 9th, 2023	E-learning: article writing
January 16th	Practice: article writing
January 23rd	Soft skill course part I: self-management
January 30th	Soft skill course part II: assertive communication
February 6th	Soft skill course part III: effective cooperation and team-work

March 13th	Grants, research and developments
March 20th	Bioinformatics
April 10th	Introduction to basic science

SEMINAR LECTURES

There are a total of 8 seminar lectures planned during the first year of the training. For the seminar lectures we plan to invite role model researchers with an outstanding scientific achievement. The list of lecturers will be available at the start of the program. You can see a previous seminar lecture invitation [here](#).

PROGRESS REPORTS DURING THE TRAINING

During the training we will organize regular audits for the PhD students. In the first year every 3-months, in the 2nd and 3rd year every 6-months.

During the progress report students will have 8-10-minutes to present their progress followed by an open discussion. For the progress report multiple groups are schedule for one day, therefore student can have an insight in other projects and practice multidisciplinary discussions. Watch a short summary of a previous Progress Report [here](#).

MILESTONES

Based on our previous experience we set milestones for the progress reports. The first three months is about the conceptualization of the systematic review. With the help of the group, during the group meeting we aim to find the best research questions. During the first 3-months students should end with the systematic search and selection of the literature.

During the next 3-months we concentrate on the data collection and the results. In this period, we aim to discuss the result of each project on a structured way, therefore at the end of the first 6-months students should be able to present their results of the meta-analysis.

For the meta-analysis, the next 3-months is about the article writing, at the end of this period the manuscript should be ready to be submitted to top journals. On the other hand, in this period the other projects of the students should be discussed. If the student has another systematic review, he/she should be ready with the literature search. If it is a clinical research question or basic research questions, the protocol of the study should be planned.

At the end of the first year, with the proper commitment students should have two projects submitted and patient enrollment started if a prospective study is planned. Starting from the 2nd year, there will be a progress report every 6 months, with the same presentation structure.

ENGLISH LANGUAGE COURSES – HAVE ADDITIONAL CHARGE

The training is in English. The scientific English skills of the students are developed by the regular presentations, meetings, and courses.

If additional language training is required the centre can provide guidance on it, however, this may have additional charges.

PROGRAM	READY FOR PHD	
	Effective Operational Proficiency (EOP)	Vantage
Goals	A2/B 1 to C1	Zero to C1
Skills to be developed	presentation skills, scientific writing, medical communication, medical terminology, discussion skills, giving instructions, negotiation skills, interpersonal skills, project management skills, event organization skills, international relation skills, intercultural skills	presentation skills, scientific writing, medical communication, medical terminology, discussion skills, giving instructions, negotiation skills, interpersonal skills, project management skills, event organization skills, international relation skills, intercultural skills
Distribution of lessons	<p>4 x 45 min Need-Based Skill Development</p> <p>Lessons are scheduled twice a week: 2x90mins per week + e-learning material</p>	<p>(8 x 45 min English for General and Medical Purposes) + 4 x 45 mins Need-Based Skill Development</p> <p>Lessons are scheduled for every day: 4x90 + 1x180 mins per week + e-learning material & individual consultations if needed</p>
Length of studies	Sep - May 34 weeks	Sep - May 34 weeks
Total number of lessons	140 x 45 min classes	(280 + 140) x 45 min classes
Entry level of knowledge	C1	B2
Included in the price	teaching material, audio material, regular assessments, individualized feedback, 2 occasions of tutoring sessions per student per academic year, pronunciation classes held by a native speaker	teaching material, audio material, regular assessments, individualized feedback, 2 occasions of tutoring sessions per student per academic year, pronunciation classes held by a native speaker

CAREER PATH MODEL

In addition to the methodological learning, our centre gives the possibility to take part in the development of the training and to be active participants of the coordinator team.

Undergraduate student or Science Methodology LEARNER (SML) – may take part in the program by joining a research group, by this they will have a granted position to participate in the PhD training and will be listed as co-authors in the given project.

1st year PhD student or Science Methodology PRACTITIONER (SMP) – students in their first year focus on learning the methodology and starting their projects, for this the centre provides the coordination, statistical and IT background.

2nd year PhD student or Science Methodology SUPERVISOR (SMS) – selected students will be able to join the centre's coordinator team, by this being able to participate in multiple projects and will be employed by the centre.

3rd year PhD student or Science Methodology ADVISOR (SMA) – students with substantial commitment to the centre may continue their coordinator role, by this they will be able to participate in multicentric trials and in advanced courses.

4th year PhD students or Science Methodology EXPERTS (SME) – only with invitation. This is the ultimate level in the program. These students will be selected as leaders in the centre, they will be able to participate in international trainings, they will be nominated as junior members of Academy of Science.



APPLICATION

HOW TO JOIN OUR PROGRAM

CLICK HERE
OR SCAN THE
CODE TO APPLY



TARGET AUDIENCE

Those having a University diploma (in a bicyclical higher education Master - MSc degree), and by students who have enrolled in the final year of a Masters degree at medical, dental, pharmaceutical or other faculties expecting to acquire a MSc diploma no more than six month later.

Good English communication skills are recommended (minimum B2 levels, see details [here](#)).

TUITION FEES

Program fee: **20000 €** / academic year

Application fee: **75 EUR €** / person

(Different rules and conditions applied for the Hungarian government supported PhD students) in case of group registration larger than 10 participants **750 €** / group

Costs include:

E-learning materials, IT support, data management, statistical support

Accommodation:

The centre can provide help with finding your accommodation, however, the program fees do not cover the accommodation costs or any other self related expenses.

Language courses (optional):

- Effective Operational Proficiency program: 140 lessons, goal: C1 to C2; **5000 €**
- Vantage program: 420 lessons, goal: B2 to C1; **15000 €**

Start of the program: **August 29, 2022**

Duration of the program: **2+2 years** (exam after the first 2 years)



REQUIRED DOCUMENTS

For this course you are required to upload the following documents when applying:

- Motivation Letter
- CV

Registration with proof of registration fee payment must be submitted until **May 22, 2022**.

In case of transfer difficulties electronic certificate is acceptable.

PAYMENT

You should send the application and course fee to the following bank account:

- *Account holder:* Semmelweis University
- *Account number (IBAN):* HU51 1176 3842 0088 0888 0000 0000
- *Bank name:* OTP Bank Nyrt.
- *Bank address:* Nádor u. 16., 1051 Budapest, Hungary
- *SWIFT Code (BIC):* OTPVHUHB

Please put the information stated below into the subject field:

Name, Title of the course, Semmelweis University Centre for Translational Medicine

IMPORTANT DATES

The interview period will be between **June 13-19, 2022**

Acceptance notification will be sent by **June 31, 2022**

Program fee payment: by **August 19, 2022**

RESPONSIBILITIES OF THE CENTRE

The Centre will provide access to the training materials in case of successful recruitment, but this does not cover the technical requirements for access, in particular a stable internet connection and computer equipment. The application fee covers the costs of the application procedure, and the Centre does not undertake to reimburse the costs of unsuccessful applications. Students who are successfully admitted will be offered a training contract by the Centre. Hungarian law will apply to the application process and the training as a whole.



**APPLY
TODAY**



MORE INFORMATION

Should you need any further information, please do not hesitate to contact us:

tmk@semmelweis-univ.hu

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[Our website](#)

