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## FINAL REPORT: STUDENTS OF SECONDARY SCHOOLS

### 1. General

**1.1. Project number:** .....

#### **1.2. Student**

Name: .....

Gender:

- Female  
 Male

Year of studies: .....

#### **1.2. Sending (home) school**

Country of the sending school:

- Czech Republic  
 Iceland  
 Liechtenstein  
 Norway  
 Switzerland

Name of the sending school: .....

Field of studies: .....

#### **1.3. Receiving school / institution**

Country of destination

- Czech Republic  
 Iceland  
 Liechtenstein  
 Norway  
 Switzerland

Name of the receiving school / institution: .....

#### **1.4. Mobility period**

Type of activity

- exchange of group of pupils  
 study period  
 traineeship (work placement)

Duration of the mobility period (without travel days): from .....to ..... (DD/MM/YYYY)

**2. Motivation**

2.1. What were your main motivations for studying abroad? I wanted:

- To experience different learning contents and/or learning and teaching practices
- To practice / improve a foreign language
- To develop soft skills, such as adaptability or self-reliance
- To enhance my future employability
- To live abroad, to gain knowledge of another country
- To meet new people
- Other (please, specify): .....

2.2. Have you already participated in an exchange / mobility programmes?

- No
- Yes, in Erasmus+
- Yes, in other programmes (please, specify): .....

**3. Overall satisfaction**

3.1. How satisfied were you with the support provided by your sending institution?

|                                       | Very satisfied | Rather satisfied | Neither satisfied nor dissatisfied | Rather dissatisfied | Very dissatisfied |
|---------------------------------------|----------------|------------------|------------------------------------|---------------------|-------------------|
| Administrative support arrangement    |                |                  |                                    |                     |                   |
| Preparation, mentoring                |                |                  |                                    |                     |                   |
| Help with personal needs and problems |                |                  |                                    |                     |                   |

3.2. How satisfied were you with the support provided by your receiving institution?

|                                       | Very satisfied | Rather satisfied | Neither satisfied nor dissatisfied | Rather dissatisfied | Very dissatisfied |
|---------------------------------------|----------------|------------------|------------------------------------|---------------------|-------------------|
| Administrative support arrangement    |                |                  |                                    |                     |                   |
| Mentoring                             |                |                  |                                    |                     |                   |
| Help with personal needs and problems |                |                  |                                    |                     |                   |

3.3. Were you satisfied with the quality of learning and teaching at the receiving institution?

|                                  | Very satisfied | Rather satisfied | Neither satisfied nor dissatisfied | Rather dissatisfied | Very dissatisfied |
|----------------------------------|----------------|------------------|------------------------------------|---------------------|-------------------|
| Quality of courses / traineeship |                |                  |                                    |                     |                   |
| Quality of teaching methods      |                |                  |                                    |                     |                   |

3.4. How satisfied are you with your EEA Grants mobility experience in general?

| Very satisfied | Rather satisfied | Neither satisfied nor dissatisfied | Rather dissatisfied | Very dissatisfied |
|----------------|------------------|------------------------------------|---------------------|-------------------|
|                |                  |                                    |                     |                   |

#### 4. Skills and competences

4.1 Have you improved your knowledge and skills?

- Yes
- No
- I don't know

4.2 Through my stay abroad, I learned better how to...

|  | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
|--|----------------|--------------|----------------------------|-----------------|-------------------|
| Think logically and draw conclusions                       |                |              |                            |                 |                   |
| Find solutions in difficult or challenging contexts        |                |              |                            |                 |                   |
| Plan and organise tasks and activities, including learning |                |              |                            |                 |                   |
| Develop an idea and put it into practice                   |                |              |                            |                 |                   |
| See the value of different cultures                        |                |              |                            |                 |                   |
| Express myself creatively                                  |                |              |                            |                 |                   |
| Cooperate in teams   |                |              |                            |                 |                   |

4.3 After having taken part in this mobility activity...

|  | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
|--|----------------|--------------|----------------------------|-----------------|-------------------|
| I am more confident and convinced of my abilities                                  |                |              |                            |                 |                   |
| I intend to participate more actively in social and political life of my community |                |              |                            |                 |                   |
| I am not afraid to speak a foreign language  |                |              |                            |                 |                   |
| I am better equipped to adapt to and act in new situations                         |                |              |                            |                 |                   |

|   |  |  |  |  |  |
|---|--|--|--|--|--|
| I am better equipped to think critically and analyse  |  |  |  |  |  |
| I am more open-minded and curious about new challenges  |  |  |  |  |  |
| I am better equipped to cooperate with people from other backgrounds and cultures                             |  |  |  |  |  |
| I am more interested in knowing what is happening in the world currently                                      |  |  |  |  |  |
| I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights |  |  |  |  |  |

4.4 Thanks to this stay abroad with the EEA Grants...

|  | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
|--|----------------|--------------|----------------------------|-----------------|-------------------|
| I have a clearer idea about my future studies or professional career aspirations and goals |                |              |                            |                 |                   |
| I can easily imagine studying or working abroad at some point in the future                |                |              |                            |                 |                   |

**5. Costs**

5.1. To what extent did the support from the EEA Grants cover your overall expenses related to your mobility?

- 0 – 25 %
- 26 – 50 %
- 51 – 75 %
- 76 – 100 %

**6. Summary of the mobility**

6.1. What was the most important benefit for you? What did you enjoy most?

.....

6.2. Do you have any concerns, comments or recommendations regarding the mobility? What could be improved?

.....

**7. GDPR declaration**

*I confirm that I have read the Principles of Personal Data Protection and EEA Grants Notification available at [https://www.dzs.cz/en/about-dzs/gdpr\\_en/](https://www.dzs.cz/en/about-dzs/gdpr_en/)*

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