**Only template! The participants fill in on-line version of this form.**

**To get the link, please contact Dům zahraniční spolupráce.**

**FINAL REPORT: STUDENTS OF HIGHER EDUCATION INSTITUTIONS**

1. ***General***
   1. ***Project number:*** ………………………………………………………….
   2. ***Student***

Name: ………………………………………………………….

Gender:

* + - Female
    - Male

Level of studies

* Bachelor
* Master
* Ph.D.
  1. ***Sending (home) school***

Country of the sending school:

* + - Czech Republic
    - Iceland
    - Liechtenstein
    - Norway
    - Switzerland

Name of the sending school: ………………………………………………………….

Faculty / department: ………………………………………………………….

Field of studies (ISCED-F code, to be found in the Learning Agreement): …………………………………….

* 1. ***Receiving school / institution***

Country of destination

* Czech Republic
* Iceland
* Liechtenstein
* Norway

Name of the receiving school / institution: ………………………………………………………….

* 1. ***Mobility period***

Type of activity

* + - Study period
    - Traineeship (work placement)
    - Study period combined with traineeship (work placement)

Duration of the mobility period (without travel days): from ………………to ………………. *(DD/MM/YYYY)*

1. ***Motivation***
   1. What were your main motivations for studying abroad? I wanted:
      * To experience different learning contents and/or learning and teaching practices
      * To practice / improve a foreign language
      * To develop soft skills, such as adaptability or self-reliance
      * To enhance my future employability
      * To live abroad, to gain knowledge of another country and to meet new people
      * To build up a personal and professional network
      * Other (please, specify): …………………………………………………….
   2. Have you already participated in an exchange / mobility programme?
      * No
      * Yes, in Erasmus+
      * Yes, in other programmes (please, specify): ………………………………………………………….
2. ***Overall satisfaction***
   1. How satisfied were you with the support provided by your sending institution?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Very satisfied | Rather satisfied | Neither satisfied nor dissatisfied | Rather dissatisfied | Very dissatisfied |
| Administrative support arrangement |  |  |  |  |  |
| Academic mentoring / supervision during traineeship |  |  |  |  |  |
| Help with personal needs and problems |  |  |  |  |  |

* 1. How satisfied were you with the support provided by your receiving institution?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Very satisfied | Rather satisfied | Neither satisfied nor dissatisfied | Rather dissatisfied | Very dissatisfied |
| Administrative support arrangement |  |  |  |  |  |
| Academic mentoring / supervision during traineeship |  |  |  |  |  |
| Help with personal needs and problems |  |  |  |  |  |

* 1. Were you satisfied with the quality of learning and teaching at the receiving institution?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Very satisfied | Rather satisfied | Neither satisfied nor dissatisfied | Rather dissatisfied | Very dissatisfied | Not applicable |
| Quality of courses’ content |  |  |  |  |  |  |
| Quality of teaching methods |  |  |  |  |  |  |
| Quality of received learning support (such as study materials, etc.) |  |  |  |  |  |  |

* 1. How satisfied are you with your EEA Grants mobility experience in general?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Very satisfied | Rather satisfied | Neither satisfied nor dissatisfied | Rather dissatisfied | Very dissatisfied |
|  |  |  |  |  |

1. ***Skills and competences***
   1. Have you improved your knowledge and skills?
      * Yes
      * No
      * I don’t know
   2. Through my stay abroad with EEA Grants, I learned better how to…

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
| Think logically and draw conclusions |  |  |  |  |  |
| Find solutions in difficult or challenging contexts |  |  |  |  |  |
| Plan and organise tasks and activities, including learning |  |  |  |  |  |
| Develop an idea and put it into practice |  |  |  |  |  |
| See the value of different cultures |  |  |  |  |  |
| Express myself creatively |  |  |  |  |  |
| Cooperate in teams |  |  |  |  |  |

* 1. After having taken part in this mobility activity…

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
| I am more confident and convinced of my abilities |  |  |  |  |  |
| I intend to participate more  actively in social and political life of my community |  |  |  |  |  |
| I am better equipped to adapt to and act in new situations |  |  |  |  |  |
| I am better equipped to think critically and analyse |  |  |  |  |  |
| I am more open-minded and curious about new challenges |  |  |  |  |  |
| I am better equipped to cooperate with people from other backgrounds and cultures |  |  |  |  |  |
| I am more interested in knowing what is happening in the world currently |  |  |  |  |  |
| I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights |  |  |  |  |  |
| I have increased my sector- or field-specific skills |  |  |  |  |  |

* 1. Thanks to this stay abroad with the EEA Grants…

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Strongly agree | Rather agree | Neither agree nor disagree | Rather disagree | Strongly disagree |
| I believe that my academic competences have increased |  |  |  |  |  |
| I have a clearer idea about my professional career aspirations and goals |  |  |  |  |  |
| I can easily imagine working abroad at some point in the future |  |  |  |  |  |

1. ***Costs***
   1. To what extent did the support from the EEA Grants cover your overall expenses related to your mobility?
      * 0 – 25 %
      * 26 – 50 %
      * 51 – 75 %
      * 76 – 100 %
2. ***Summary of the mobility*** 
   1. What was the most important benefit for you? What did you enjoy most?

………………………………………………………………………………………………………………………………

* 1. Do you have any concerns, comments or recommendations regarding the mobility? What could be improved?

………………………………………………………………………………………………………………………………

1. ***GDPR declaration***

*I confirm that I have read the Principles of Personal Data Protection and EEA Grants Notification available at* [*https://www.dzs.cz/en/about-dzs/gdpr\_en/*](https://www.dzs.cz/en/about-dzs/gdpr_en/)